



## PROGRAM

Date / Time	Activities	(S=Students; T=Teachers)
<b>Monday 14<sup>th</sup> = Trip</b>		
Airport	Porto: <u>10h30</u> Norway; <u>11h20</u> Netherlands; <u>12h55</u> Germany	Lisboa: <u>12h15</u> Spain <u>18h05</u> Estonia
Poiares	<b>Welcome at the meeting point</b> D. Elvira Hotel; S= Go home with host family; T= 20h30 Dinner D. Elvira (Codfish)	
<b>Tuesday 15<sup>th</sup> = Our Territory</b>		
	Get to school: S= From host family (every day);	T= By car at 8h25 from Hotel (every day)
8h30	<b>Reception</b> by President Gen. Council [Ana Batista] and Headmaster [Eduardo Sequeira]	
	S= Go to classes with hosts	T= Meeting: <b>School System in Portugal</b> [Alcino]
9h15	S= Stay at classes with hosts	T= <b>On-site visit of the school facilities</b> [António]
10h00	Break (20 mins.)	
10h20	Group <b>Picture</b> at the school's entrance	
10h30	Visit the <b>Town Hall</b> of V.N. Poiares	
12h00	S= <b>Ice Break Activities</b> [Sílvia] T= Visit Primary School and <b>Exhibition</b> <i>Objects of our school</i> [Maria Luz]	
13h00	Lunch at the school canteen	
14h20	Visit the <b>Confraria da Chanfana</b> (Chanfana Confraternity) [Alcino]	
17h00	S= Free time and go home with host family	T = 19h00 Dinner at "Confrade" (20€?) (Chanfana)
<b>Wednesday 16<sup>th</sup> = Mini-Enterprises</b>		
8h30	S= Go to classes with hosts	T= <b>Project meeting</b> [Ulrike]
9h15	S= Prepare market (With the help of Hosts)	T= Project meeting [Ulrike]
10h00	<b>2nd International Food Sale</b> (at the Polivalente room)	
10h30	S= Clean up; Write <b>report</b> in groups; <b>Food Multilingual glossary</b> ; [Lizabete]	T= Project meeting [Ulrike]
13h00	Lunch at the school canteen	
14h30	S= Dance and Food Connects Europe [Ana Cruz]	T = <b>CLIL/ELOS Concepts</b> (open session to portuguese teachers)
15h30	S= Free time and go home with host family	T = 19h00 Dinner at "Medas" (20€?) (Chicken)
<b>Thursday 17<sup>th</sup> = History and Heritage</b> (COIMBRA UNESCO World Heritage Site)		
8h30	V.N. Poiares → History of Portugal → 9h30 <b>Biblioteca Joanina</b> (King John Library) (10€?) → 11h00 Botanic Garden → 12h00 Lunch in the canteen of the University (2,50€? or 4,50€?)	
	13h00 Igreja Sé Velha (Old Cathedral) + Alta de Coimbra (High zone) → 14h30 Museum <b>Portugal dos pequenitos</b> (10€?) 16h15 Bus at Parque Choupalinho [Rosa+Olga+Sílvia+Lizabete]	
17h00	S = Free time and go home with host	T = 19h00 Dinner with Fado Music "àCapella" (25€?)
<b>Friday 18<sup>th</sup> = Studies</b>		
8h30	<b>Presentations</b> about products/enterprises by the students	
	<b>Working session:</b> Statistics of the survey Healthy Lifestyle in international groups	
12h00	<b>Opening</b> of the <b>Mural FCE</b> at the school canteen [Ana Silva] → <b>Hymn</b> of our School [Maria João] → Planting a <b>Tree-FCE</b> at school in the "Pedagogical Forest of Poiares" [Ana Silva]	
13h00	Lunch at the school canteen	
14h30	Visit Nutriva ( <b>Factory</b> confectionery food) [Alcino+Lizabete]	
19h30	Farewell Dinner with diplomas - Polivalente (Prepared by the students of Restaurant Courses cooking and table service)	
<b>Saturday 19<sup>th</sup> = Socializing</b>		
	S = Spend a day with families	
	T = Trip to Sicó Mountain [Alcino+Sara] 9h00 → Santiago da Guarda (Rabaçal <b>Cheese Manufacturing</b> )	
	12h30 → Lunch at restaurante "Duecítãnea" (Penela) 14h30 → Visit to Penela Castle 19h00 → Dinner at restaurant "A Estrela da Mó" (25€?) (Modern Kitchen)	
<b>Sunday 30<sup>th</sup> = Return</b>		
Airport	Porto: <u>10h50</u> Netherlands; <u>11h15</u> Norway	Lisboa: <u>11h15</u> Estonia <u>13h00</u> Germany <u>17h20</u> Spain

**Along the Week:** Exhibitions (FotoMat, Works of the students, Health,...); Digital Exhibitions (FCE Mobilities,...).

**Material:** All participants should bring a student card or a professional ID; Bring umbrella, hiking shoes; Check the weather forecast in: [www.ipma.pt/pt/otempo/prev.localidade.hora/#Coimbra&VilaNovaDePoiares](http://www.ipma.pt/pt/otempo/prev.localidade.hora/#Coimbra&VilaNovaDePoiares)